

# Schools emotional wellbeing conference

27th June

9am-3pm

This is an opportunity to hear about evidence based initiatives that are making a difference to emotional wellbeing in Medway schools and discuss your experiences with colleagues. The new provider of mental health services for children and young people will also be present, to describe their approach and answer your questions.

## Venue:

**St Georges Centre**  
Pembroke Road  
Chatham Maritime  
Chatham  
ME4 4UH

## Who should attend?

Pastoral leads  
Family liaison and HSSW  
SENCOs  
Senior leaders  
School nurses

To book your place please email:  
[childhealth@medway.gov.uk](mailto:childhealth@medway.gov.uk)



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## Programme

- A keynote speaker from Time to Change
- A case study of Brompton Academy and how they have creatively developed an organic approach to Mindfulness, empowering young people, staff and parents and carers to be more mindful and more compassionate in life with a focus on building resilience and stability in an ever changing world.
- Workshops on key topics
- A presentation from North East London NHS Foundation Trust, the new provider of children and young people's emotional and mental health services in Medway, plus a chance to meet the team and ask questions.

Primary workshop with Liza Stevens – author of 'Not Today Celeste'